



the 3:10 discipleship course
to know the person, the power & the passion of Jesus Christ

01 THE BASICS OF THE FAITH *Questions for Group Discussion*

Week 1: [FINDING GOD](#)

- Q1 If God exists, what kind of evidence might you expect to find of him?
 How does Paul say in ROMANS 1 God has revealed himself?
- Q2 In what ways does the Bible show God has revealed himself to human beings throughout history?
- Q3 Look at the accounts in the section [JOURNEYS TO FAITH](#) of people who have had a personal encounter with God through faith in Jesus Christ. What features are common to all these accounts?
- Q4 The **Engel Scale** was developed by James F. Engel as a way of representing the journey from no knowledge of God through to spiritual maturity as a Christian believer. Below is a modified version of the scale by Paul and Sue Hazelden.

The Modified Engel Scale: The Dynamics of the New Birth

LEVEL	ACTIVITY	GOD'S ROLE	MAN'S ROLE
-12	No God framework in his/her life	Confirms his existence	Prayer
-11	Experiences a feeling of emptiness		Presence
-10	God framework	God revealing himself	
-9	Vague awareness & belief in God		
-8	Wonders whether God can be known		Preparation
-7	Aware of the historical Jesus	Guiding	
-6	Interested in / intrigued by Jesus		
-5	Experience of Christian love		Proclamation
-4	Aware of the basic facts of the Gospel	Conviction of the Holy Spirit	
-3	Aware of personal need		
-2	Grasps the implications of the Gospel		Power
-1	Challenged to respond personally	Converting power of the Holy Spirit	
0	Repentance & commitment to Christ		
+1	Baptism in water & in Holy Spirit	Transforming power	Encouragement
+2	Active member of a local fellowship	Empowering	
+3	Continuing growth in character, lifestyle & service		
+4	Part of a leadership team		Support

Where would you say you are on this scale?

- Q5 How do you know God is real? Share your personal journey to faith with the other members of the group. What features are common to all accounts of a genuine experience of God through faith in Jesus Christ?



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Week 2: WHAT DOES IT MEAN TO "BE BORN AGAIN"?

Can I be a Christian without being "born again"?

- Q1 What did Jesus say to Nicodemus about getting into heaven in **JOHN 3:1-18**?
- Q2 Why was Nicodemus confused when Jesus said: "*You must be born **anōthen***"?
What are the two meanings of the Greek word **anōthen**?
- Q3 To become a Christian involves two different aspects -
(a) Things **only God** can do - What are they?
(b) Things **only I** can do - What are they?
- Q4 What did Jesus mean when he told Nicodemus: "***Flesh gives birth to flesh; the Spirit gives birth to spirit?***"
- Q5 What do the two Greek words **bios** and **zoe** mean?
- Q6 What did Jesus mean when he told Nicodemus:
"Unless a person is born (a) of water and (b) of Spirit s/he cannot enter the kingdom of God." v5 ?
- Q7 How might a person know s/he has been *born again from above by the Spirit of God* ?
- Q8 How did people in the New Testament and in Church history (for example, Paul, Cornelius, Martin Luther, John Wesley, Charles Spurgeon) know they had been *born again*?
- Q9 Have you been born again from above supernaturally by the Holy Spirit?
How do you know?



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Week 3: [BAPTISM IN WATER & IN SPIRIT: Why do I need to be baptised in water & in Spirit?](#)

- Q1 What is the meaning of believer's baptism in water? If you're not sure, look at ROMANS 6. Why should a person be baptised in water as a believer?
- Q2 What is the meaning of baptism in Holy Spirit?
Why do we need to be baptised in *both* water *and* in Holy Spirit as Christians?
- Q3 Careful study of the New Testament shows that baptism in water and in Holy Spirit can take place in one of three ways - what are they? Does it matter in what order they happen?
- Q4 How might you know you have been baptised by the Holy Spirit?
What difference has he made in your life as a Christian?
- Q5 Share your own experience of being baptised with the others in the group.
How do your experiences compare with the accounts in the New Testament?
- Q6 If someone hasn't been baptised in *both* water *and* Holy Spirit, what should s/he do?



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Week 4: [WALKING WITH JESUS DAY BY DAY: Developing My Personal Relationship With God](#)

- Q1 How did Jesus maintain a close daily relationship with God as his heavenly Father?
Was it just because he was the Son of God?
- Q2 What four spiritual disciplines did Jesus model for us to follow?
Share among yourselves in the group how you maintain your daily walk with God.
- Q3 Why did Jesus teach the disciples The Lord's Prayer?
What does it teach us about how to pray to God?
- Q4 Do any of the group use Bible reading notes? If so, which?
Are they for devotional or systematic study? What is the difference between the two?
- Q5 Try a practical exercise in biblical meditation as a group.
Choose a short passage of Scripture to meditate on.
Spend 10 minutes in silence, waiting on the LORD for him to speak to you through his Word.
Then share with one another what the Holy Spirit says to each of you.
- Q6 Why is it helpful to keep a spiritual journal or diary?
Do you keep one yourself? If so, what has God been saying to you recently?
- Q7 What kinds of praise and worship do you find enable you to express your love to God?



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01 THE BASICS OF THE FAITH Questions for Group Discussion

Week 5: [THE BATTLE BETWEEN THE OLD & THE NEW NATURES](#)

Why Is Being A Christian Such A Battle?

Q1 In what way(s) have you found the Christian life difficult or easy?

Q2 In ROMANS Chapter 7 Paul talks about there being a battle between *the flesh* and *the spirit*. What does he mean? In what way(s) have you experienced this battle?

Q3 What is meant by *the flesh, the world and the devil* ?
If you're not sure, have a look at [KNOW YOUR ENEMY](#).
Which of these three enemies do you find the most difficult to resist?

Q4 What does it mean to
a. *crucify the flesh,*
b. *be transformed by the renewing of your mind,*
c. *submit to God, resist the devil and see him flee?*

Q5 What weapons has God given us as Christians to overcome the flesh, the world and the devil?



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Week 6: [SPIRITUAL WARFARE: Living In A Spiritual Warzone](#)

- Q1 What did Jesus come to do? [If you're not sure, look at 1 JOHN 3:8 and MARK 1:14-34.]
What happened as soon as Jesus began his earthly ministry?
- Q2 Look at [WARFARE, WARRIORS, WEAPONS.](#)
Paul describes the spiritual warfare we are engaged in as Christians in
2 CORINTHIANS 10:3-5. How he describe the *kind* of warfare, warriors and weapons?
- Q3 Why is it pointless to try to engage in spiritual warfare with physical or mental weapons?
If we want to win the battles as Christians, what do we need to do? [JAMES 4:7]
- Q4 What armour and weapons has God given us to win the battle over the flesh, the world and
the devil? What is the source of all our strength in spiritual warfare?
- Q5 What experience have you had of spiritual warfare?
What weapons did you use and how effective were they in winning spiritual battles?



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Week 7: [THE PROBLEM OF EVIL: Why bad things happen to good people](#)

Q1 Do you believe that good and evil are absolutely real, or do they just depend on your personal point of view?

Q2 Why is evil only a problem if you believe in God?
Why isn't it a problem for people with a postmodern worldview?

Q3 Look at [ORIGINS OF EVIL](#).
How does the Bible explain the origin of evil?

Q4 What were the three consequences of Adam and Eve' disobedience?
How are we affected by them to this day?

Q5 Look at [GOD'S ANSWER TO EVIL](#).
How has God demonstrated his answer to the problem of evil through the death, resurrection and ascension of Jesus Christ?
Why do we still experience problems in spite of Christ's victory over evil?



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Week 8: [LIFE AFTER DEATH: Did Jesus Really Rise From The Dead?](#)

Q1 In 1 CORINTHIANS 15:1-7 Paul summarises the fundamentals of our faith as Christians. What does he say? Are you a Christian fundamentalist in Paul's terms?

Q2 Look at [THEORIES ABOUT JESUS' RESURRECTION.](#)
What kinds of theories have people put forward to cast doubt on the reality of Jesus' resurrection from the dead? What are the problems with each of the theories?

Q3 When the Sadducees tried to trap Jesus with a trick question about life after death in MATTHEW 22:23-33, Jesus said they were mistaken in their ideas because they were ignorant about two things. What are they?
If you're not sure, look at [THE WORD OF GOD & THE POWER OF GOD.](#)

Q4 What is the evidence that Jesus really is alive?

Q5 Look at [HOW WE CAN KNOW JESUS IS ALIVE.](#)
If someone asks you how you know Jesus is alive, what would you say?



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01 THE BASICS OF THE FAITH *Questions for Group Discussion*

Week 9: [TWO PICTURES OF THE CHURCH: The Body of Christ & The Family of God](#)

- Q1 What happens when someone is born again from above by the Spirit of God?
- Q2 What are the differences between the Visible and the Invisible Church?
[If you're not sure, look at Knowing God>Statements of Faith>Relationship, not Religion]
- Q3 In 1 CORINTHIANS 12 Paul describes the Church as The Body of Christ.
Who is the Head? What is each Christian?
- Q4 What does Paul say needs to happen for the Body of Christ to be healthy?
How can we do this?
- Q5 What features of a healthy fellowship do we see in ACTS 2:42-47?
How many of these can you see in your fellowship?



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Week 10: [THE LORD'S SUPPER: Its Meaning & Importance in the Life of the Church](#)

- Q1 Why do we celebrate the Lord's Supper?
What are its origins?
- Q2 When Jesus told his followers to celebrate the Lord's Supper, what did he say it was to be?
a. A re-enactment of his death on the Cross?
b. A sacrifice like the Old Testament sacrifices of the Old Covenant?
c. A reminder/memorial of what it cost God to forgive our sins and save us from hell?
- Q3 What is the meaning of the bread and the wine in the Lord's Supper?
- Q4 In 1 CORINTHIANS 11:27-28 Paul say we should do what when we come to celebrate the Lord's Supper? Why?
- Q5 Why is it important for us to share in celebrating the Lord's Supper?