



**the 3:10 discipleship course**  
*to know the person, the power & the passion of Jesus Christ*

# **THE 3:10 DISCIPLESHIP COURSE**



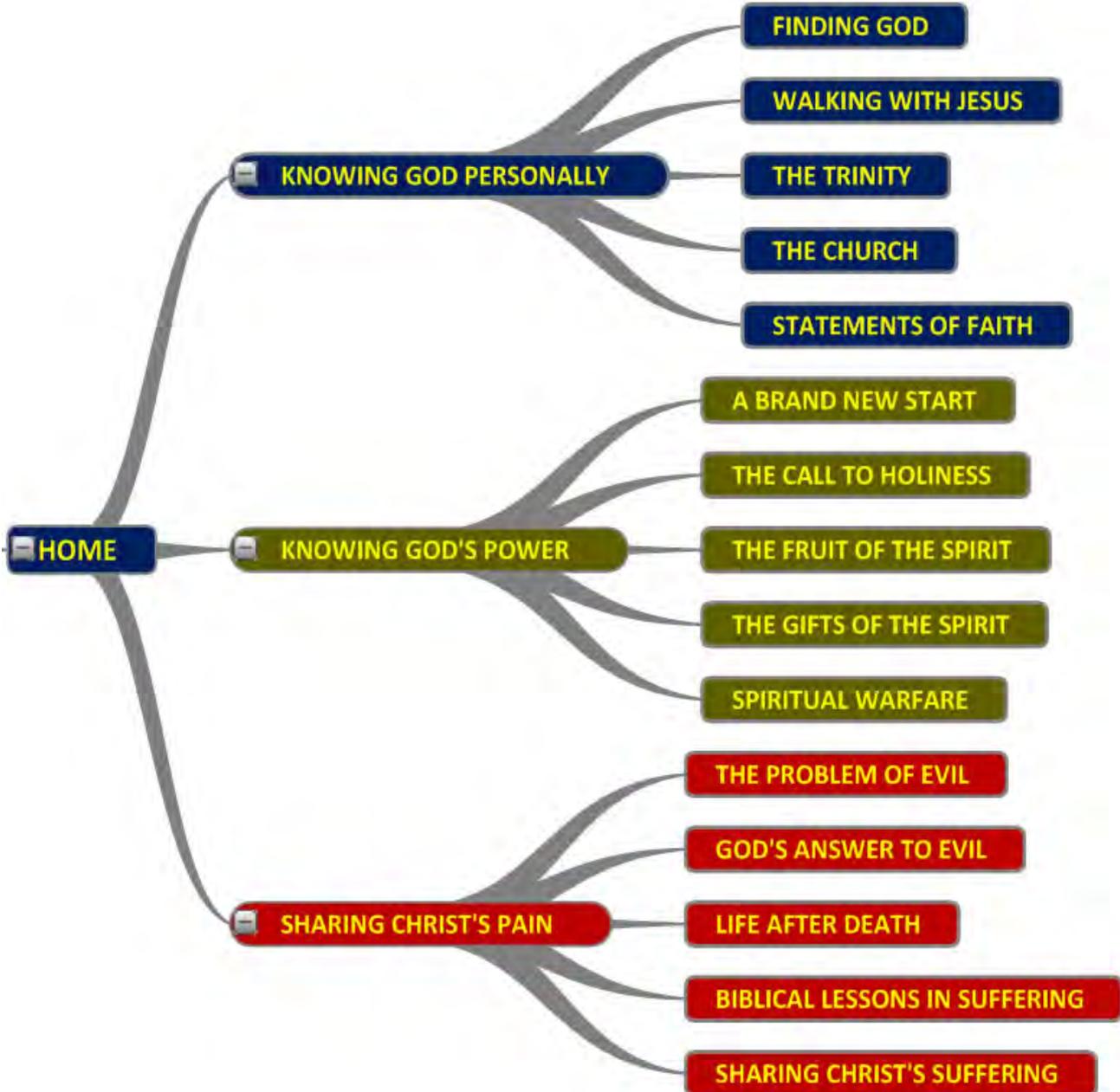
## **LEADER'S GUIDE**

### **Level 2: Living In The Spirit's Power**

to know the person, power & passion of Jesus Christ  
© copyright 2006-2011 the 3:10 discipleship course - all rights reserved  
design: phi

# Outline of The 3:10 Discipleship Course

Below is a site map of The 3:10 Discipleship Course outlining the main units and topics.





## the 3:10 discipleship course

*to know the person, the power & the passion of Jesus Christ*

### 02 LIVING IN THE SPIRIT'S POWER

#### WEEK 1: ANOINTED FOR MINISTRY & GIFTED TO SERVE

**AIMS:** *To recognise the Holy Spirit's anointing for ministry and the importance of spiritual gifts*

#### COURSE UNIT: KNOW POWER: Gifted To Serve

#### MAIN POINTS:

1. Jesus told his disciples in **JOHN 15:5** that **apart from him, they could do nothing.**
2. In **ACTS 1:4-8** he tells them they will be his witnesses and do his works when he returns to heaven.  
But **they must wait until they receive his power to do what he has called them to do.**
3. **This anointing for ministry -**
  - a. Is *not* the same anointing/baptism they received when they were *born again*
  - b. It is God empowering them to do the things he has called them to do
4. **Examples are to be seen in ACTS 2:1-3:10** where we see **Peter anointed to**
  - a. **Preach** a powerful sermon which results in 3000 people being saved
  - b. **Heal** a lame man at the entrance to the Temple in Jerusalem.
5. **Other examples** include -
  - a. **ACTS 4:8-14** *Peter anointed with power to speak to the Sanhedrin*
  - b. **ACTS 5:12** *The apostles perform signs and wonders*
  - c. **ACTS 7** *Stephen is anointed for preaching boldly and martyrdom*
  - d. **ACTS 8:5-7** *Philip anointed for preaching, healing & deliverance ministry*
  - e. **ACTS 9:10-19** *Old Ananias is anointed to lay hands on Paul for healing*
6. Clearly each of the apostles had been born again prior to these events.  
**The anointing was for a specific occasion and for a specific purpose.**  
**The result was people were saved, healed and delivered from spiritual bondage**
7. **We need to -**
  - a. **Know what God has called, gifted and anointed us to do**
  - b. **Learn to recognise the Holy Spirit's anointing for ministry**

#### MEMORY VERSES:

**JOHN 15:5** Jesus said: "I am the vine, you are the branches. Remain in me and I in you and you will bear much fruit, for apart from me you can do nothing."

**ACTS 1:8** Jesus said: "You will receive power when the Holy Spirit comes upon you; and you will be my witnesses..."

**ACTS 3:4-7** Peter fixed his eyes on him and said to (the lame man): "Look at us!. Silver and gold I do not have, but what I have I give you. In the Name of Jesus Christ of Nazareth, walk!"

**1 TIMOTHY 4:14** "Timothy, Do not neglect your gift, which was given you through a prophetic message when the body of elders laid their hands on you."

**LUKE 4:18-19** "The Spirit of the LORD is upon me for he has anointed me to preach the good news to the poor. He has sent me to proclaim freedom for prisoners and recovery of sight for the blind, and to release the oppressed."

to know the person, power & passion of Jesus Christ

© copyright 2006-2011 the 3:10 discipleship course - all rights reserved

design © 2011 phi



**the 3:10 discipleship course**  
to know the person, the power & the passion of Jesus Christ

**02**

**LIVING IN THE SPIRIT'S POWER**

**WEEK 2:**

**THE GIFTS OF THE SPIRIT: Gifted To Serve**

**AIMS:**

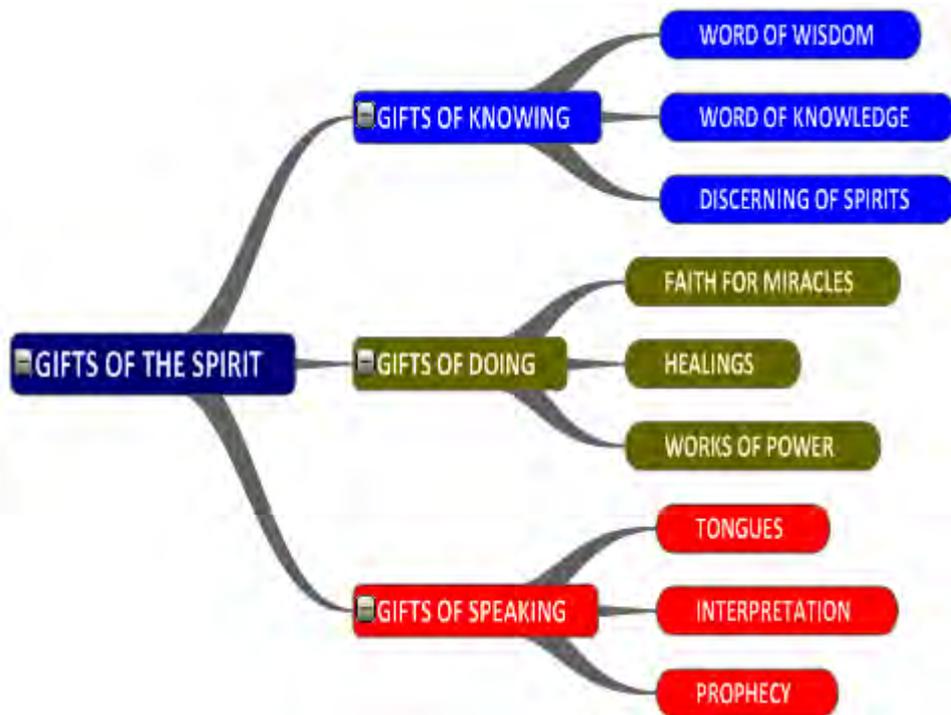
To realise it is impossible to live the Christian life without the Holy Spirit's infilling daily and look at the supernatural gifts the Holy Spirit gives to Christians to enable us to fulfil Jesus' commission to preach the good news, heal the sick and set the captives free

**COURSE UNIT:**

**KNOW POWER: GIFTED TO SERVE**

**MAIN POINTS:**

1. Jesus said in **JOHN 15:5** that *apart from him we can do nothing*.
2. **It is impossible to live the Christian life without being filled daily with the Holy Spirit. EPHESIANS 5:18**
3. **It is impossible to fulfil Jesus' commission to preach the good news, heal the sick and set the captives free without being given the supernatural gifts to do so as God determines. LUKE 4:18-19; 9:1-6; 10:1,9,17-20**
4. In **1 CORINTHIANS 12** Paul lists **nine** supernatural gifts of the Holy Spirit under three main headings -



5. **A brief look at the gifts of KNOWING (to highlight the differences between Words of Wisdom and Knowledge) and DOING, especially Faith and Healing**
6. **To provide an opportunity to exercise the gifts in a small group situation**
7. **Emphasise the purpose of the gifts is to build up the Body of Christ and to fulfil Jesus' commission to preach the good news, heal the sick and set the captives free.**

**MEMORY VERSES:**

**JOHN 15:5** I am the vine; you are the branches. Remain in me and I in you, for apart from me you can do nothing.  
**EPHESIANS 5:18** Don't get drunk with wine which only leads to trouble. Instead be continually filled with the Spirit.  
**LUKE 4:18-19** The Spirit has anointed me to preach the good news, heal the sick and set the captives free  
**1 CORINTHIANS 12:4-11** The nine gifts of the Spirit



**the 3:10 discipleship course**  
*to know the person, the power & the passion of Jesus Christ*

**02**

**LIVING IN THE SPIRIT'S POWER**

**WEEK 3:**

**THE GIFTS OF THE SPIRIT: Gifted To Serve cont/**

**AIMS:**

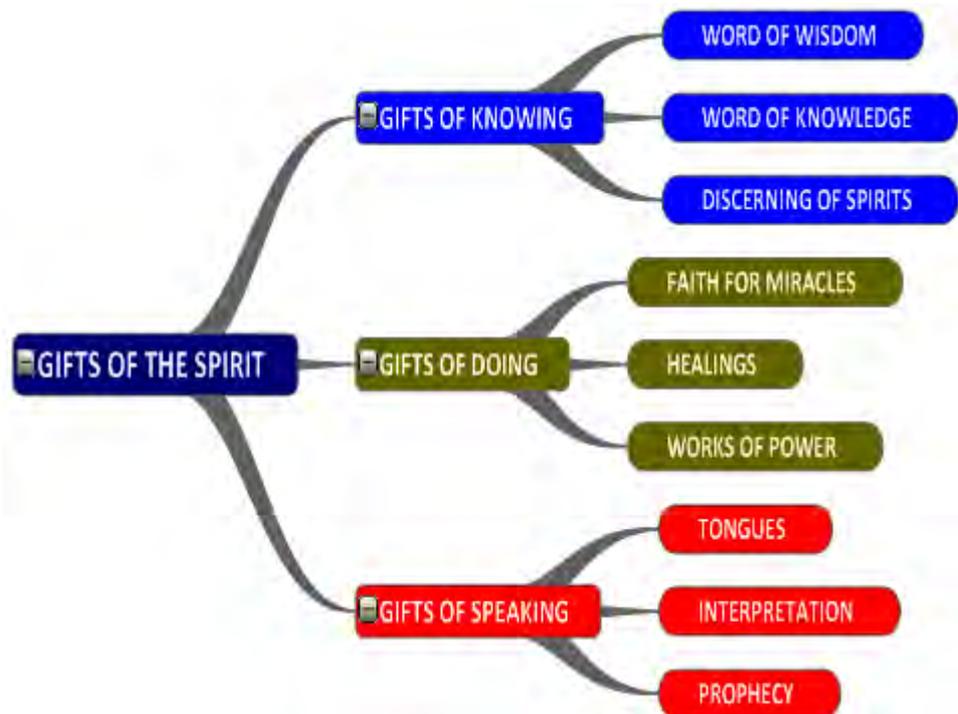
a continuation of the study of spiritual gifts in Week 2

**COURSE UNIT:**

**KNOW POWER: B.4 1-7 The Gifts of the Spirit, especially Tongues and Prophecy**

**MAIN POINTS:**

**The Gifts of Speaking: Tongues, Interpretation & Prophecy in 1 CORINTHIANS 12 and 14**



1. To recognise the differences between Tongues as a Private Prayer Language and Tongues + Interpretation
2. To examine the different roles of Tongues + Interpretation and Prophecy
3. To look at examples of the Speaking gifts in the Bible
4. To provide an opportunity for individuals to practise the Speaking gifts in a small group situation
5. To emphasise that the purpose of the gifts is to build up the Body of Christ.

**MEMORY VERSES:**

**JOHN 15:5** I am the vine; you are the branches. Remain in me and I in you, for apart from me you can do nothing.

**EPHESIANS 5:18** Don't get drunk with wine which only leads to trouble. Instead be continually filled with the Spirit.

**LUKE 4:18-19** The Spirit has anointed me to preach the good news, heal the sick and set the captives free

**1 CORINTHIANS 12:4-11** The nine gifts of the Spirit



**the 3:10 discipleship course**  
*to know the person, the power & the passion of Jesus Christ*

**02 LIVING IN THE SPIRIT'S POWER**

**WEEK 4: THE PURPOSE OF THE SPIRITUAL GIFTS: To Build Up The Body Of Christ**

**AIMS:** *To look at Paul's description of the Church as the Body of Christ consisting of many members/ parts; to realise that every member/part has its own role to play and that no one is more or less important than others; to emphasise the importance of every member playing his/ her God-given part in the fellowship*

**COURSE UNIT: KNOW POWER: GIFTED TO SERVE**

**MAIN POINTS:**

1. In **1 CORINTHIANS 12:12-30** Paul describes **the Church as the Body of Christ consisting of many members/parts.**
2. He points out that each **part has a different role to play and that no one is more/less important than others.**
3. **Each person is gifted in some way and these gifts are to enable him/her to play his/her specific role in the Body.**
4. **Paul lists a number of roles & ministries in 1 CORINTHIANS 12:27-30 and EPHESIANS 4:11-16.**
5. **These lists are not intended to be exhaustive:** merely an example of the rich variety of ways God gifts the Church and calls individuals to play a specific role.
6. **The order of the roles/ministries listed is not one of importance but of priority in church planting** - apostles plant churches; prophets speak out God's instructions; evangelists spread the good news; pastors are needed to shepherd the fledgling flock; teachers are needed to lay a Biblical foundation and to guard against false teachers; administrators are needed to organise things; those with a gift of mercy and helping are needed to minister Christ's love and compassion to the poor and needy; etc.
7. **It is important for each of us to know what his/her God-given role/ministry is in KCC so that the fellowship can grow and function as a healthy Body.** (Next week we shall be looking at how I can find my role in the Body of Christ.)

**MEMORY VERSES:**

**1 CORINTHIANS 12:12-13, 27** One Body, many parts

**1 CORINTHIANS 12:21** The eye can't say to the hand *I don't need you*

**1 CORINTHIANS 12:25** There should be no division in the Body but each part should look out for the others

**1 CORINTHIANS 12:26** If one part suffers, the whole Body suffers. If one part rejoices, the whole Body rejoices

**EPHESIANS 4:11** Paul's list of roles

**EPHESIANS 4:12** The purpose is to equip the Body for service

**EPHESIANS 4:15-16** Speaking the truth in love, we will grow up so the whole Body is healthy and full of love



**the 3:10 discipleship course**  
*to know the person, the power & the passion of Jesus Christ*

## **02 LIVING IN THE SPIRIT'S POWER**

### **WEEK 5: IDENTIFYING MY GIFT(S), ROLE(S) & MINISTRY IN THE BODY**

**AIMS:** *To help one another discover his/her God-given gift(s) and role(s) in the Body using spiritual gifts questionnaire and feedback through group discussion*

#### **COURSE UNIT: KNOW POWER: Finding My Role In The Body**

##### **MAIN POINTS:**

1. Re-emphasise Paul's point that we are members of one Body and no one is more/less important than another.
2. Each of us has his/her God-given role to play in the life of the fellowship and so it is important for each of us to find out what that role is.
3. To do so we are going to use -
  - a. *either* Saddleback Church *Shaped for Significance* questionnaire to identify my **Spiritual** gifts; **Heart**; **Ability** (in terms of natural talents); **Personality**; and **Experience**  
*or* some other Spiritual Gifts Questionnaire
  - b. Group discussion to provide feedback for each member of the group as to his/her gifts and roles
4. Recognise that Paul's lists of gifts and roles is not exhaustive but an example of the rich variety of gifts God gives to his children for building up the Body of Christ.
5. Realise that no one role is more/less important than another but that each needs to play his/her part if the Body is to grow to be healthy and effective in reaching out to the local community/world.
6. The glue that holds the Body together is the supernatural agape-love of Christ.

##### **MEMORY VERSES:**

**EPHESIANS 4:11-12** The gifts/roles are for equipping the members of the Body for service and build up the Body

**EPHESIANS 4:13** The ultimate aim is unity and for the Body to grow up healthily in love

**1 CORINTHIANS 12:11** It is God the Holy Spirit who decides what gift(s) each person receives & the role s/he plays.



## the 3:10 discipleship course

*to know the person, the power & the passion of Jesus Christ*

### 02 LIVING IN THE SPIRIT'S POWER

#### Week 6 THE FRUIT OF THE SPIRIT: The Vine & The Branches

**AIMS:** *To recognise that apart from the enabling power of the Holy Spirit, we can do nothing; to appreciate the meaning of Jesus' statement about The Vine & The Branches and what it means to abide in Christ; to understand the principles of roots & fruits and the importance of growing in our daily relationship with God; to understand that the Holy Spirit produces the fruit of the Spirit, we simply bear the fruit as we mature as Christians; to understand the difference between three Greek words for love - **eros**, **philia** and **agape**; the Fruit of the Spirit is agape- love in 9 flavours - love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, & self-control; to produce the fruit in us, God uses various methods of pruning; to recognise when God is pruning us in order to be more effective in his service.*

#### COURSE UNIT: KNOWING GOD'S POWER B.3 The Fruit of the Spirit

##### MAIN POINTS:

1. Jesus tells the disciples in JOHN 15:1-5 that apart from him they can do nothing.
2. To illustrate this he says he is The Vine and they are The Branches. Just as a branch of a tree cannot survive if it is cut off from the trunk, so we need to be rooted in Christ. Paul says in EPHESIANS 3:14-21 we need to be rooted and grounded in God's *agape-love*.
4. There are three Greek words for our English word *love* -
  - a. *eros*=sexual/physical lust; b. *philia*=friendship/strong affection;
  - c. *agape-love*=supernatural, God-given love for the unlovely and unlovable
5. In GALATIANS 5:16-23 Paul contrasts the Works of the Flesh / Old Nature with the Fruit of the Spirit.
6. The Holy Spirit is the only one able to produce the supernatural fruit of the Spirit in us as we submit to the lordship of Christ in our daily lives. We simply bear the fruit in its various forms as a result of the process of sanctification.
7. The process of fruit bearing involves pruning - which is often painful, but necessary, if we are to be effective witnesses for Christ. It is only as we submit to God's pruning that he is able to produce the fruit of agape-love in us in its different forms.
8. John Newton's hymn " I ASKED THE LORD " is a wonderful expression of how painful and confusing the process of pruning can be sometimes.
9. An opportunity will be given for group members to share their experiences of pruning to produce the nine-fold fruit of *agape-love*.

##### MEMORY VERSES:

**JOHN 15:1-5** Jesus said: *I am the Vine, you are the branches. Whoever abides in me and I in him/her will bear much fruit. For apart from me, you can do nothing.*

**EPHESIANS 3:14-21** Paul's prayer for the Ephesian Christians to be rooted and grounded in God's *agape-love*.

**GALATIANS 5:16-23** The Works of the Flesh vs The Fruit of the Spirit

**Song** (by Brian Casebow): *For the Fruit of the Spirit is love, joy, peace, patience, kindness, goodness; faithfulness, gentleness, self-control; for such there is no law.*



## the 3:10 discipleship course

*to know the person, the power & the passion of Jesus Christ*

## 02 LIVING IN THE SPIRIT'S POWER

### Week 7: BUILDING HEALTHY RELATIONSHIPS IN THE BODY OF CHRIST

**AIMS:** *To understand the importance of building healthy relationships within the Body of Christ (JOHN 13:35; 1 JOHN 4:20); to know the main aspects of healthy relationships as outlined by Jesus in MATTHEW 22:37-40 (love God & love your neighbour as yourself) and by Paul in COLOSSIANS 3:1-20; to recognise the main problems faced by Christian fellowships - selfishness, refusal to submit to the Lordship of Christ and godly leadership; unrepentance; unforgiveness and a critical spirit; rebelliousness and the need for godly discipline*

**COURSE UNIT:** **KNOWING POWER : The Fruit of the Spirit:** Building Healthy Relationships

#### MAIN POINTS:

1. The key to healthy relationships in the Body of Christ is *agape-love* - the supernatural, God-given love for others which only the Holy Spirit can create in us as we surrender ourselves to God day by day.
2. *The Royal Law of Love*, Jesus said, is a. Love God; b. Love others as ourselves
3. The practical outworking of this is outlined by Paul in COLOSSIANS 3:1-20 -
  1. Getting God's perspective each day by submitting to him;
  2. Showing our love by loving others with his supernatural *agape-love* in very down-to-earth ways  
eg Spending time with God; Confessing & repenting of sin; Allowing the Holy Spirit to produce the fruit of the Spirit in us by submitting to him; Making allowances for others, forgiving others when they hurt us, & dealing with anger in a godly way by resolving conflicts in a way that reflects God's forgiveness of our sins
4. Be God-centred each day by spending time alone with God in his Word and in prayer, praise & worship (memorising Scripture in song)
5. Develop the gratitude-attitude - giving thanks to God IN all situations and thinking more of others than ourselves / serving others the way Jesus washed his disciples' feet..

#### MEMORY VERSES:

**JOHN 13:35** The way others will know you are my disciples is if you love one another.

**1 JOHN 4:20** If someone says, "*I love God*," but hates his brother, he is a liar; for if he does not love his brother whom he has seen, he cannot love God whom he has not seen.

**COLOSSIANS 3:12-14** As God's chosen people...bear with one another, forgiving one another as God in Christ has forgiven you. And above all clothe yourselves with *agape-love*.



**the 3:10 discipleship course**  
*to know the person, the power & the passion of Jesus Christ*

**02**

**LIVING IN THE SPIRIT'S POWER**

**Week 8**

**BUILDING HEALTHY RELATIONSHIPS** continued/

**AIMS:**

*To continue looking at the practical implications of Jesus' command to love one another as he has loved us - especially at the problem of forgiving those who have hurt us deeply*

**COURSE UNIT:**

**KNOW POWER: Building Healthy Relationships -**

Learning how to forgive those who have hurt us

**MAIN POINTS:**

**Forgiveness is an order, not an option for us as Christians.**

1. Jesus said if we do not forgive others their sins against us, God the Father will not forgive us our sins.
2. In order to forgive someone who has hurt me, I need to see what it cost God to forgive me by seeing Jesus dying on the Cross for my sins.
3. In forgiving others I need to face up to three issues -
  - a. The *hurt* s/he caused me; b. The *anger* I feel at being hurt; c. My *desire for revenge*/to get even
4. Forgiving others is a bit like grieving the loss of someone or something. It may seem impossible to begin with, but gradually with God's help we can face the hurt, the anger and the desire for revenge and move on to forgiving the person who hurt us.
5. It may be helpful for some to use the following prayer (also on the website) as a start:

**Prayer Asking God's Help To Forgive Someone Who Has Hurt Me**

**LORD Jesus,**

- *I thank you that you came to proclaim the kingdom-rule of God has come in you, that you came to heal the sick and to set the captives free.*
- *I thank you for dying on the Cross so my sins could be forgiven and for your resurrection from the dead so I could know the resurrection power of your Holy Spirit in my life.*
- *LORD, you have told us we must forgive those who have hurt us, if we want to know our heavenly Father's forgiveness. So out of obedience to your command, I now ask you to help me forgive.....for the hurt(s) s/he/they caused me.*
- *Help me to be honest with you, LORD Jesus, and to get in touch with the hurt and the anger I have felt because of what s/he/they (..... ) said/did to me.*
- *I ask you now to give me the desire to be obedient and the courage to persevere, so I can forgive him/her/them from the heart and know complete freedom from any bitterness, unforgiveness or desire to hurt him/her/them in return. Amen.*

**MEMORY VERSES:**

**MATTHEW 6:12,14-15** Forgive us our debts, as we also have forgiven our debtors.... For if you forgive men when they sin against you, your heavenly Father will also forgive you. But if you do not forgive men their sins, your Father will not forgive your sins.

**ROMANS 12:19** Do not take revenge, my friends, but leave room for God's wrath, for it is written: "*Vengeance is my job; I will repay,*" says the Lord.

**COLOSSIANS 3:13-14** Bear with each other and forgive whatever grievances you may have against one another.

Forgive as the Lord has forgiven you. And above all these virtues put on love, which binds them all together in perfect unity.

to know the person, power & passion of Jesus Christ

© copyright 2006-2011 the 3:10 discipleship course - all rights reserved

design © 2011 phi



**the 3:10 discipleship course**  
*to know the person, the power & the passion of Jesus Christ*

**02 LIVING IN THE SPIRIT'S POWER**

**Week 9 CHRISTIAN WITNESS IN THE COMMUNITY & BEYOND:** Evangelism & mission

**AIMS:** *To see how the gospel spread in the New Testament era and how it spreads today; identify ways of reaching out to the local community and beyond with the love and compassion of Christ in the power of the Holy Spirit*

**COURSE UNIT:SHARING PAIN:** From witnesses to martyrs and The Key is Christ's Compassion

**MAIN POINTS:**

Jesus' commission to the disciples was to go into all the world and make disciples of all nations, baptising them in the name of the Father, Son and Holy Spirit, and teaching them everything he had taught them **MATTHEW 28:19-20**.

1. He told them to wait for the empowering of the Holy Spirit and then go and proclaim the good news of the kingdom-rule of God, heal the sick and set the captives free **LUKE 4: 18-19; Chapters 9 and 10; ACTS 1:1-8**
2. Our responsibility as Christians is to take the love and compassion of Jesus Christ to our local community and to the wider world in the power of and guided by the Holy Spirit.
3. The history of Christian missions shows an enormous variety of ways in which Christians have shown the love of Jesus to a sin-sick world of suffering over the centuries. A look at The Book of the ACTS of the Apostles shows how the gospel spread in the early Church. A look at The History Of Christian Missions shows how it has spread since then.
4. In every case it has involved *"the love-cycle of Christian mission"* as illustrated in the diagram here



5. Share in the group the various ways God has called and anointed individuals and groups to reach out with his love to the local community and the surrounding area. What other forms of evangelism and mission is the fellowship involved in?

**MEMORY VERSES:**

- |                            |  |
|----------------------------|--|
| <b>MATTHEW 28:19-20</b>    | Jesus' Great Commission  |
| <b>2 CORINTHIANS 1:1-3</b> | Paul's summary of God's love-cycle of ministry   |
| <b>JOHN 15:5</b>           | Jesus' statement that <i>apart from me you can do nothing</i> .                                  |
| <b>2 CORINTHIANS 5:14</b>  | Christ's love is what grips us because we know that he died for us all so we might live for him. |



## the 3:10 discipleship course

*to know the person, the power & the passion of Jesus Christ*

### 02 LIVING IN THE SPIRIT'S POWER

#### Week 10 REVIVAL IN THE LOCAL COMMUNITY

**AIMS:** *To examine the history of revivals in the New Testament and in church history to identify the characteristic features of a sovereign move of the Holy Spirit in a whole community; to identify five ways of testing a genuine work of the Holy Spirit adopted by Jonathan Edwards during the New England revival of the Great Awakening and Jesus' test of the spiritual fruit produced.*

**COURSE UNITS:** KNOW POWER: THE FRUIT OF THE SPIRIT; GIFTED TO SERVE: The Gifts of the Spirit

#### MAIN POINTS:

1. Revivals are seasons when the Holy Spirit moves in sovereign power to revive the people of God, whose spiritual life has become so moribund that only a supernatural work of the Spirit can bring it to life.
2. **EZEKIEL 37** The Prophecy of The Dry Bones is a picture of revival. The lifeless body can only be revived by the super-natural agency of the Holy Spirit of God doing the seemingly impossible. The result - an army of God's people empowered by the Spirit of God to do God's sovereign will and bring in his kingdom.
3. **ACTS 8:1b-25** describes a typical scene of revival, when the Spirit of God sweeps through Samaria and whole villages are swept into the kingdom of God as a result of a deep work of repentance and commitment to Christ with signs and wonders.
4. Throughout the history of the Church there have been notable moves of the Spirit in revival power. They include -
  - a. The Great Awakening in the 18<sup>th</sup> century in America and in Britain eg The Kilsyth Revival in 1742
  - b. The 1839 Revival in Northern Ireland
  - c. The Welsh Revival of 1904
  - d. The Hebridean Revival of 1948/49
5. Features of these revivals include -
  - a. Prior to the outbreak of revival, an increasing burden to pray for the community comes upon Christians
  - b. Meetings for united prayer are held, often informally and outwith church premises
  - c. Terrible conviction of sin - both personal and communal - is experienced by young and old alike and the need for confession of sin and a call to holiness in the presence of a holy God pervades the community
  - d. A sense of the Holy Spirit's presence and power is felt by people all over the locality - in fields, at work, in schools - almost like electricity.
  - e. Nominal Christians and backsliders as well as unbelievers come under the Spirit's power and yield their lives to the Lordship of Christ.
  - f. Ministers experience a fresh anointing for ministry and the Word of God is preached with renewed power.
  - g. The effect is felt in the whole community in terms of a *decrease* in social sins such as drunkenness, adultery and sexual immorality, criminal activity, and general godlessness.
  - h. There is an attendant *increase* in church attendance, prayer meetings, reading of the Word of God in private and a renewed concern for spiritual rather than temporal matters.
  - i. The fruit of the reviving activity of the Holy Spirit is seen in both individuals' lives and families and also in the whole community for years after the revival itself.
  - j. Frequently the revival leads to an increase in calls to ministry, evangelism and missionary activity and is seen in the birth of missions and new fellowships.
6. Jonathan Edwards suggested five tests of a genuine work of the Holy Spirit as a result of his experiences during The Great Awakening of 1742 in New England, USA. Chief of these is the fruit, as Jesus said in MATTHEW 7:15-20.

#### MEMORY VERSES:

**MATTHEW 7:15** *Watch out for fakes - prophets, teachers, miracle workers - who are really wolves in sheep's' clothing.*

**MATTHEW 7:16-17** *You can tell the genuine from the fake by the fruit they produce - good or bad.*

to know the person, power & passion of Jesus Christ

© copyright 2006-2011 the 3:10 discipleship course - all rights reserved

design © 2011 phi